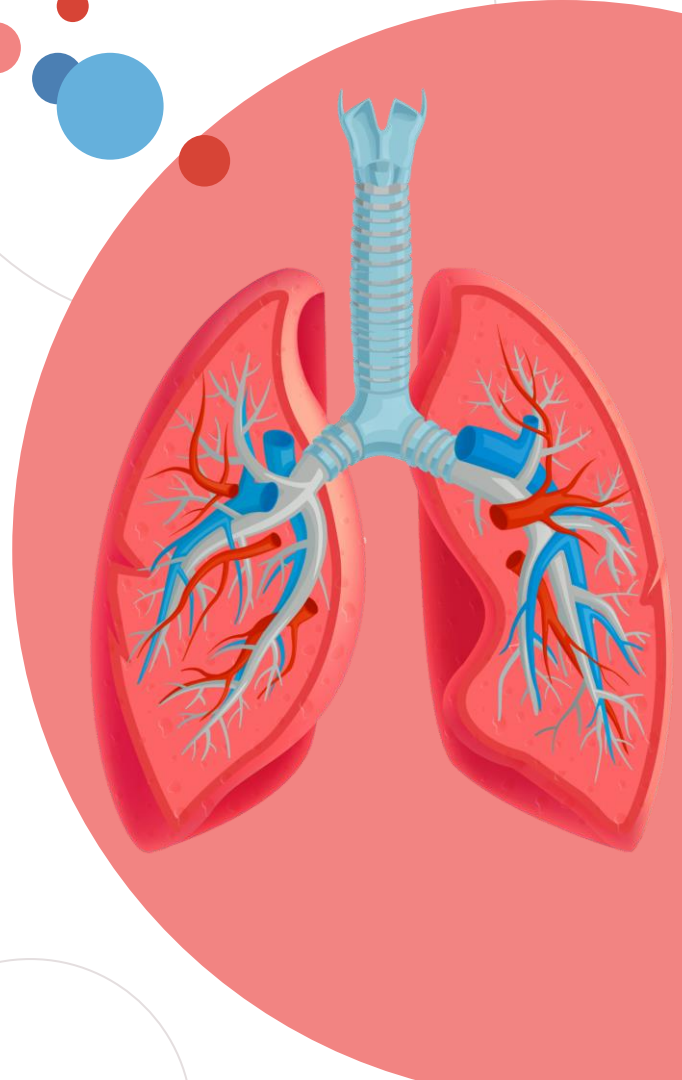


2024 Undergraduate Scholarly Showcase

# Olivia Spencer

Mechanisms of Allergic Asthma Diagnosis,  
Treatment, and Prevention

Lewkowich Laboratory  
Cincinnati Children's Hospital Medical Center  
Department of Immunobiology  
Mentored by Dr. Jaclyn McAlees



# Relevance



## **Asthma disproportionately impacts:**

- Women
- Children
- People of color

## **Economic impact:**

- Millions of missed work and school days
- Major cause of ER visits around the country
- Billions of dollars/ year in total economic cost in the US

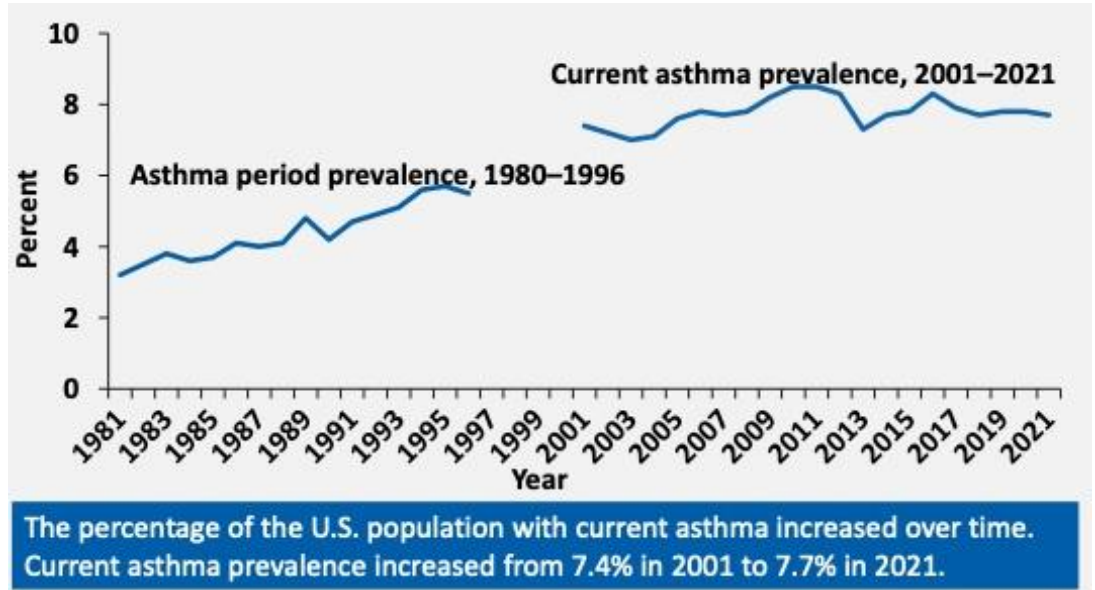
# Abundance

**Rate is rising too quickly to be driven by genetics alone**

- Suggests environmental impact on development

**Number of people with asthma increases with industrialization**

- Disproportionately impacting developed countries



Centers for Disease Control, National Center for Health Statistics, National Health Interview Survey (NHIS). National Surveillance of Asthma: United States, 2001-2021

# Physiology

## Healthy Airway:

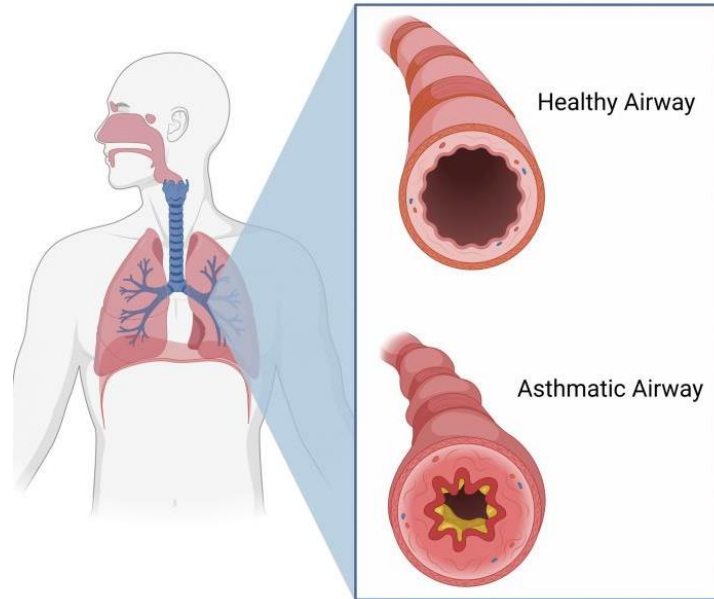
- Open and expanded
- Moderate mucus
- Responsive to stimulants

## Asthmatic Airway:

- Hyperresponsiveness
- Inflammation
- Smooth muscle contraction

## Symptoms include:

- Chest tightness
- Difficulty breathing
- Persistent coughing



# Objectives

## Currently, there is no:

- Universal diagnosis
- Specific treatment
- Cure
- Prevention



## Our goal is to understand the underlying physiological mechanism of allergic asthma in diagnosis, treatment, and prevention by:

- Identify specific cellular targets that trigger asthma
- Predict environmental susceptibilities to allergic asthma

# Project Overview

---

Allergens

Obesity

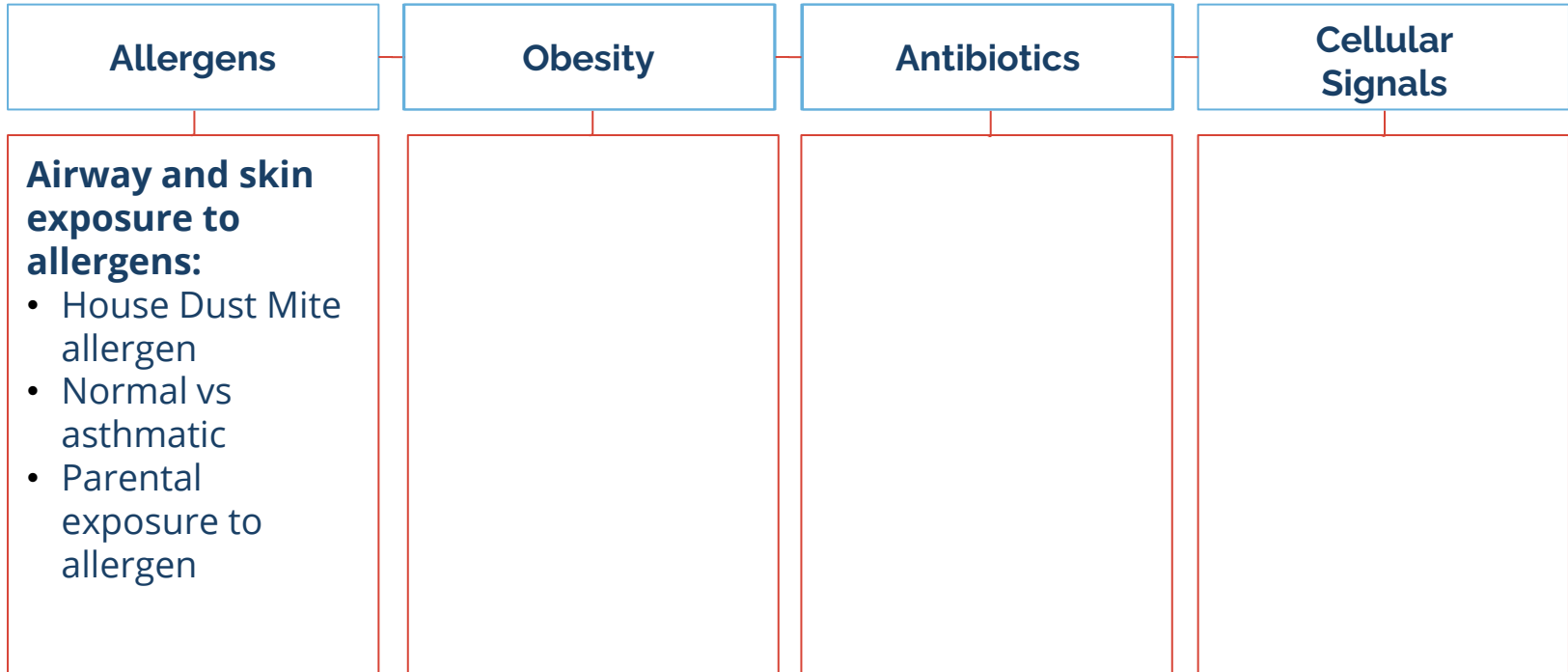
Antibiotics

Cellular  
Signals



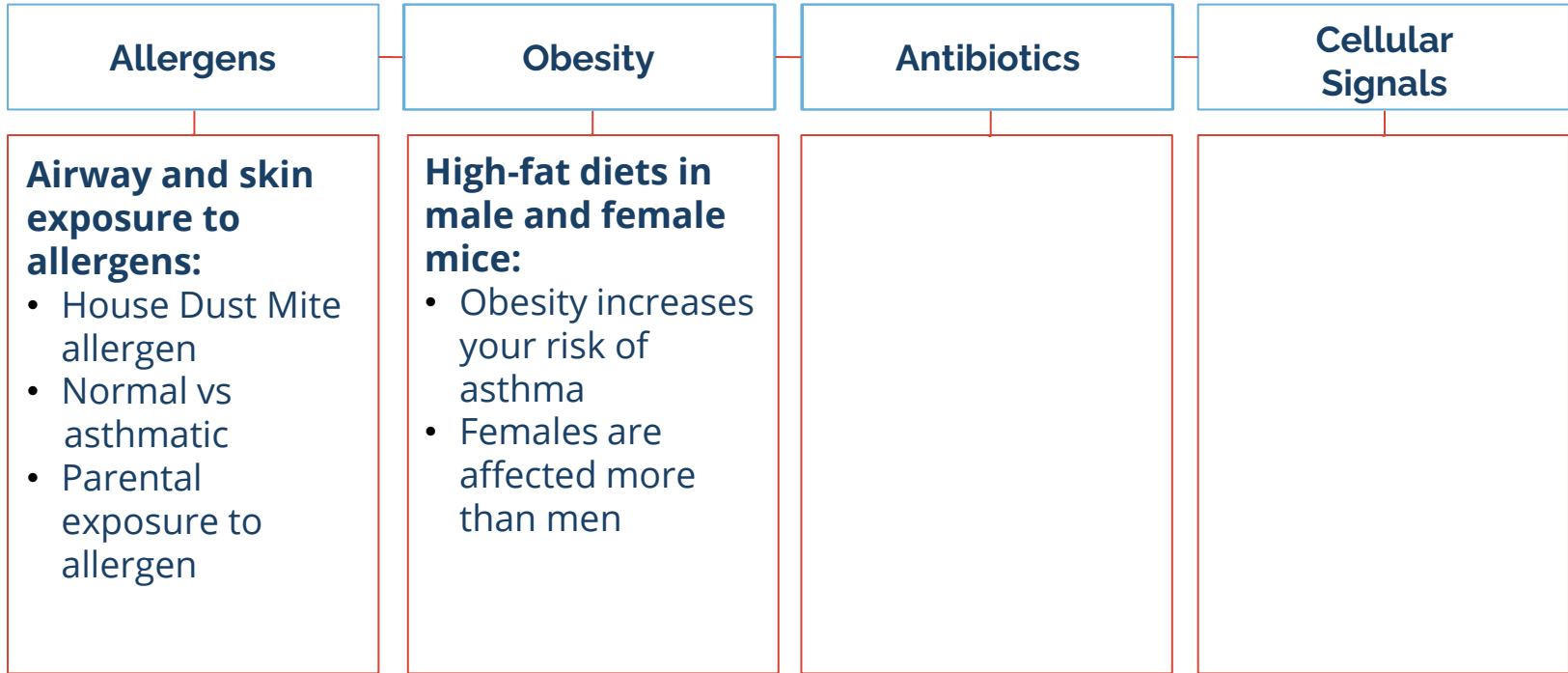
# Project Overview

---



# Project Overview

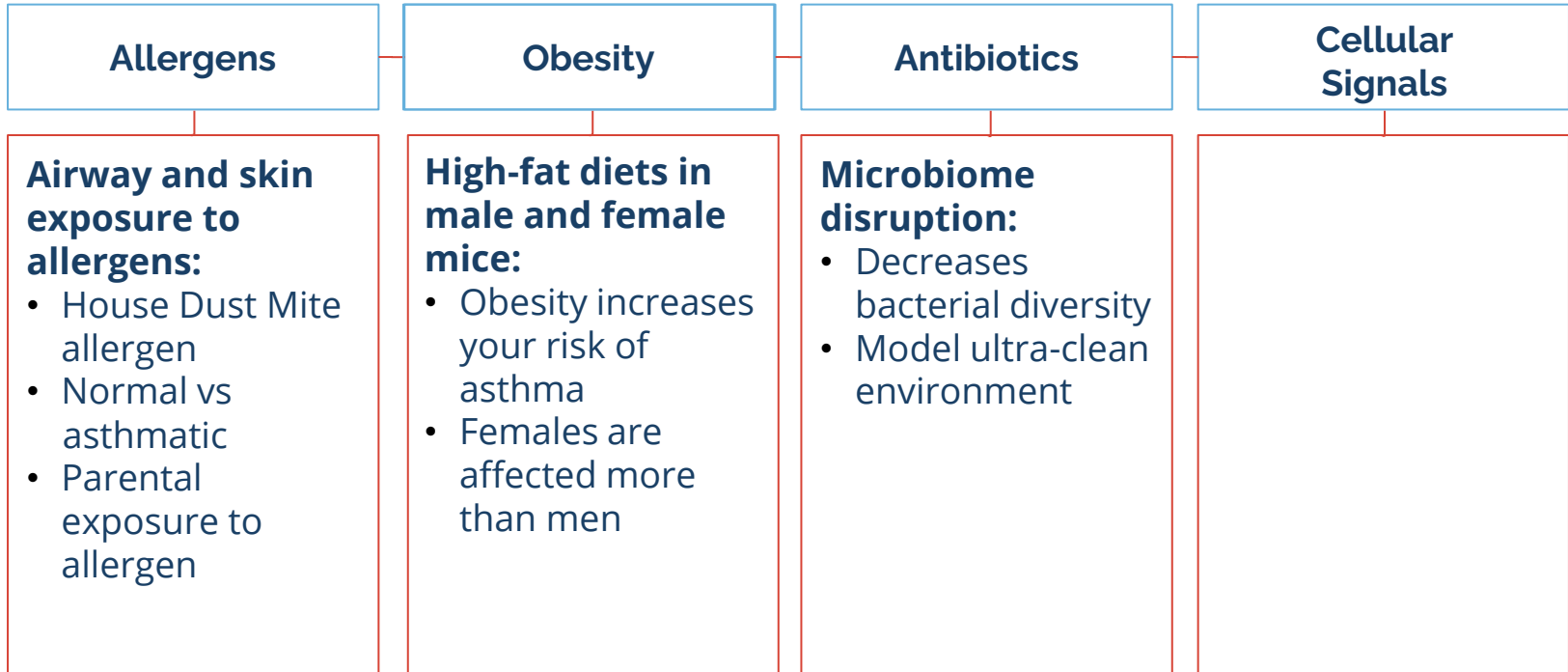
---





# Project Overview

---



# Project Overview

---

## Allergens

### Airway and skin exposure to allergens:

- House Dust Mite allergen
- Normal vs asthmatic
- Parental exposure to allergen

## Obesity

### High-fat diets in male and female mice:

- Obesity increases your risk of asthma
- Females are affected more than men

## Antibiotics

### Microbiome disruption:

- Decreases bacterial diversity
- Model ultra-clean environment

## Cellular Signals

### Signals regulate immune system response to allergen:

- Understand the inside of the cell
- Identify specific targets for new medication



# Acknowledgements

## Meet the Lewkowich Lab



Ian Lewkowich



Nitika Arora



Angela Cannata



Julie Hargis



Mousey



Alton Headworth



Jackie McAlees



Archana Shankar



Olivia Spencer



# Citations

---

## **PowerPoint Template:**

Pulmonary hypertension presentation. Slidesgo. (n.d.). <https://slidesgo.com/theme/pulmonary-hypertension#search-lungs&position-21&results-99&rs=search&rs=search>

## **Research:**

Asthma and Lung Association. *Asthma trends and burden*. American Lung Association. <https://www.lung.org/research/trends-in-lung-disease/asthma-trends-brief/trends-and-burden>

Enilari O, Sinha S. The Global Impact of Asthma in Adult Populations. *Ann Glob Health*. 2019 Jan 22;85(1):2. doi: 10.5334/aogh.2412. PMID: 30741503; PMCID: PMC7052341.

Nunes, C., Pereira, A. M., & Morais-Almeida, M. (2017b). Asthma costs and Social Impact. *Asthma Research and Practice*, 3(1). <https://doi.org/10.1186/s40733-016-0029-3>

Sin, D. D., & Sutherland, E. R. (2008). Obesity and the lung: 4. Obesity and asthma. *Thorax*, 63(11), 1018–1023. <https://doi.org/10.1136/thx.2007.086819>

Obesity and asthma. (n.d.). <https://www.hsph.harvard.edu/wp-content/uploads/sites/2603/2021/07/Obesity-and-Asthma-for-health-care-providers-final-1.pdf>

