Do You See Me?
Education on Human Trafficking for Future Healthcare Providers

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Introduction

Background
Human trafficking is the use of force, fraud, or coercion to manipulate and control another human being for the purpose of exploitation. Globally, there are 40.3 million victims of human trafficking, and in a recent study, it was found that 87.8% of trafficking survivors came in contact with a healthcare professional while enslaved, yet were not identified.

PICO Question
For future healthcare providers, does the use of education on human trafficking increase knowledge on how to care for and identify human trafficking victims compared with no formal education?

Literature Search

Databases
- CINAHL
- PubMed
- Google Scholar

Search Parameters
- Peer Reviewed
- Published within the last 5-7 years

Keywords

Current Evidence

Identification
- Fewer than 1% of victims are identified because of frequent movement of victims, knowledge deficit related to medical red flags among health care providers, and victim inability to escape.
- Current Evidence on how to identify Human Labor and Sex trafficking victims include specific Red Flags such as: dominating relationships; specific physical symptoms; irregular behavior; lack of personal property.

Treatment
1. Provide patient privacy
2. Give access to interpreters
3. Build trust
4. Provide care
   a) Safety
   b) Physical health
   c) Mental health
5. Support recovery

Situations and Perpetrators

A-M-P Model

<table>
<thead>
<tr>
<th>Action</th>
<th>Means</th>
<th>Purpose</th>
</tr>
</thead>
<tbody>
<tr>
<td>Induce Recruitment</td>
<td>Redirection</td>
<td>Exploitation</td>
</tr>
<tr>
<td>Harass/Torture</td>
<td>Redirection</td>
<td>Labor trafficking</td>
</tr>
<tr>
<td>Transport</td>
<td>Exploitation</td>
<td>Labor trafficking</td>
</tr>
<tr>
<td>Control</td>
<td>Exploitation</td>
<td>Labor trafficking</td>
</tr>
</tbody>
</table>

Place

College of Nursing
University of Cincinnati

Presented to
44 Junior nursing students enrolled in Continuum of Mental Health Care

Purpose
To educate nursing students on recognizing human trafficking victims in the health care setting as well as recognizing human trafficking situations in the community.

Learning Objectives
1. Identify a human trafficking victim in the health care setting
2. Understand how to care for the human trafficking victim
3. Know the signs of human trafficking situations and perpetrators in the community

Education Plan

One education session was held on-site in the College of Nursing. A PowerPoint presentation was created to present to the class. Throughout the PowerPoint, an original interactive case study was included, allowing students to be engaged throughout the presentation. With the aide of the case study, students were educated on the indicators of human trafficking, how to follow a treatment flowsheet chart made specifically for health care providers, and how to recognize a human trafficking perpetrator both in and out of the health care setting.

After the presentation, we gathered evaluation feedback through a post-presentation survey using a Likert scale.

Evaluation and Feedback

Likert Scale
- 8 questions
- Range of 1-5
  1 = Strongly Disagree
  5 = Strongly Agree

- I understand the global impact of human trafficking better. 4.66
- I could explain what human trafficking is to another person. 4.66
- I can now better identify a potential victim of human trafficking. 4.55
- Human trafficking education should be included in my community health nursing curriculum. 4.34
- I am better equipped to properly treat the health implications of human trafficking victims. 4.48
- I am now able to identify a potential human trafficking situation or perpetrator. 4.57
- The interactive case study was helpful in educating me about future nursing career. 4.78
- This education about human trafficking will be beneficial in my future nursing career. 4.77

Student Responses

One way your perception of human trafficking has changed since this presentation.
- I feel better prepared to identify a victim in the healthcare setting. This presentation was outstanding and extremely helpful.
- “Human Trafficking is a bigger problem than what I realized.”
- “I feel I understand the symptoms and signs of a human trafficking victim.”
- “I typically think of human trafficking as sexual I now know that it can be seen in the workforce and I can identify the signs.”
- “My perception has changed in the fact that I know there is a possibility that I will be in the situation to identify human trafficking in my career.”

Lessons Learned

Recommendations
- Include human trafficking education in nursing school curriculum
- Education should include:
  - Identifying human trafficking victims
  - Treatment of victims/survivors
  - Identifying perpetrators
  - Recognizing potential situations
- More research should be conducted on identifying situations and perpetrators
- Increased research should be conducted to test the impact of educating health care students before they enter the professional workforce

References:


