

Appendix C

Paired Samples Test							
	Mean	Std. Deviation	Std. Error Mean	95% Confidence Interval of the Difference		t	Sig. (2-tailed)
				Lower	Upper		
POSTSELF1 - Pre SELF 1	2.1667	1.5859	.4578	1.1590	3.1743	4.733	.001
POSTSELF2 - Pre SELF 2	1.7500	1.9598	.5658	.5048	2.9952	3.093	.010
POSTSELF3 - PRE SELF 3	2.0833	1.6765	.4840	1.0181	3.1485	4.305	.001
POSTSELF4 - Pre SELF 4	2.9167	1.8809	.5430	1.7216	4.1117	5.372	.000
POSTSELF5 - Pre SELF 5	1.5000	1.3817	.3989	.6221	2.3779	3.761	.003
POSTSELF6 - Pre SELF 6	2.4167	1.6765	.4840	1.3515	3.4819	4.994	.000
POSTSELF7 - Pre SELF 7	2.6667	1.5570	.4495	1.6774	3.6559	5.933	.000
POSTSELF8 - Pre SELF 8	1.5000	1.0000	.2887	.8646	2.1354	5.196	.000
POSTSELF9 - Pre SELF 9	2.3333	1.5570	.4495	1.3441	3.3226	5.191	.000
POSTSELF10 - Pre SELF 10	1.4167	1.6765	.4840	.3515	2.4819	2.927	.014
POSTSELF11 - Pre SELF 11	.9167	1.7299	.4994	-.1824	2.0158	1.836	.094
POSTSELF12 - Pre SELF 12	1.8333	1.8505	.5342	.6576	3.0091	3.432	.006
POSTSELF13 - Pre SELF 13	1.5833	1.8809	.5430	.3883	2.7784	2.916	.014
POSTSELF14 - Pre SELF 14	1.7500	1.6026	.4626	.7318	2.7682	3.783	.003
POSTSELF15 - Pre SELF 15	2.7500	1.8647	.5383	1.5652	3.9348	5.109	.000

Table 1. Significance of paired sample t-tests with self-efficacy responses post-pre changes