



The Misunderstood A Discussion on Dissociative Identity Disorder & Multiple Personality Disorder

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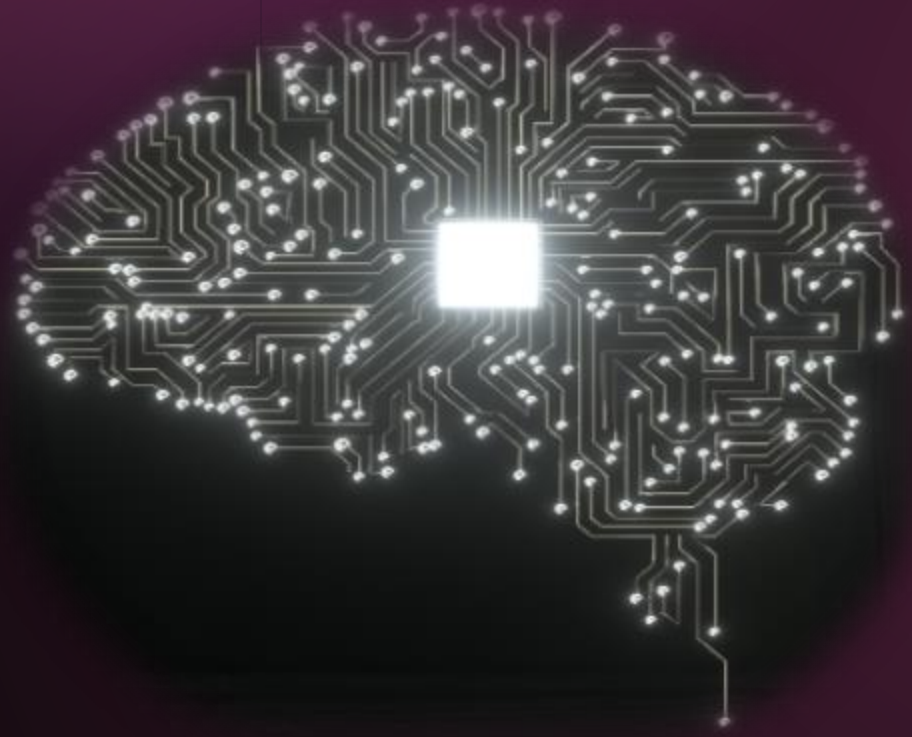


Warnings:
Mental Health
and
Corresponding
Issues
Discussion

What is this Disorder?

BECAUSE DISSOCIATIVE
IDENTITY DISORDER IS
MISUNDERSTOOD THROUGH
COMMON KNOWLEDGE AND
MEDIA - WE NEED TO GET THE
FACTS STRAIGHT FIRST.

The Brain is just "wired"
differently, not physically
altered.



A stack of books of various colors (blue, green, yellow, red, white) is shown on a wooden shelf. The books are stacked in a slightly irregular manner, with some spines visible. The background is a soft, out-of-focus light color.

Some Definitions for D.I.D.

- Personality Definition:

Personality disorders are long-term patterns of behavior and inner experiences that differ significantly from what is expected.

What Media helped raise awareness of Dissociative Identity Disorder? What happened?

- Examples:
 - Fictional Movies - "Fight Club"
 - Nonfiction Movies - "Sybil" and "Split"
 - Nonfiction TV Shows - "Many Sides of Jane" and "The Crowded Room"
 - Nonfiction Books, TikTok, Documentation, and Research



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My Own Piece of Media: Councils Of Voices



A silhouette of a person with long hair, wearing a t-shirt and jeans, stands on a dark, rocky outcrop. They are looking out over a bright, glowing horizon, likely a sunset or sunrise, with a body of water visible in the distance. The sky is a mix of orange, yellow, and purple hues.

Things to Remind Ourselves

Not everyone is the same, each case of these people are varied in intensity. This was a sample of the publicized cases that exist in the world. In addition, many professionals do not fully understand this disorder, and neither do I.

Works Cited

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